



# Local Produce Seasonality Chart

Availability subject to change.

Call or Text: 413.347.9401 • [orders@martyslocal.com](mailto:orders@martyslocal.com)

	Spring			Summer			Fall			Winter		
	March	April	May	June	July	August	September	October	November	December	January	February
Arugula	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆		
Asparagus			◆	◆								
Braising Greens		◆	◆	◆				◆	◆	◆		
Beets	◆		◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Bok Choy		◆	◆	◆	◆		◆	◆				
Broccoli				◆	◆	◆	◆	◆	◆			
Broccolini				◆	◆	◆	◆	◆				
Broccoli Rabe				◆	◆			◆				
Brussels Sprouts								◆	◆			
Cabbage			◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Carrots	◆		◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Cauliflower				◆	◆	◆	◆	◆	◆			
Celery				◆	◆	◆	◆	◆	◆			
Chard		◆	◆	◆	◆		◆	◆	◆			
Collard Greens					◆	◆	◆	◆	◆			
Corn, Sweet					◆	◆	◆					
Cucumbers					◆	◆	◆					
Edamame						◆	◆					
Eggplant					◆	◆	◆					
Escarole				◆	◆		◆	◆				
Fennel				◆	◆	◆	◆	◆	◆			
Fiddleheads		◆	◆									
Garlic				◆	◆	◆	◆					
Ginger (Fresh)							◆	◆	◆			
Green Beans					◆	◆	◆	◆				
Kale		◆	◆	◆	◆	◆	◆	◆	◆			
Kohlrabi				◆	◆		◆	◆				
Leeks					◆	◆	◆	◆	◆	◆		
Lettuce			◆	◆	◆	◆	◆	◆	◆	◆		
Microgreens	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Mushrooms	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Mustard Greens			◆	◆		◆	◆					
Onions, Fresh			◆	◆	◆	◆	◆					
Onions, Storage							◆	◆	◆			
Parsnips	◆	◆	◆				◆	◆	◆	◆	◆	◆
Peas				◆	◆							
Peppers					◆	◆	◆	◆	◆			
Potatoes	◆	◆	◆	◆		◆	◆				◆	◆
Pumpkins							◆	◆				
Radicchio								◆	◆	◆	◆	◆
Radishes (Summer)		◆	◆	◆	◆	◆	◆					
Radishes (Winter)	◆	◆						◆	◆	◆	◆	◆
Ramps		◆	◆									
Rutabaga	◆								◆	◆	◆	◆
Salad Greens	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Spinach	◆	◆	◆	◆	◆			◆	◆	◆	◆	◆
Squash (Summer)				◆	◆	◆	◆	◆	◆			
Squash (Winter)	◆	◆	◆				◆	◆	◆	◆	◆	◆
Sweet Potatoes						◆	◆	◆	◆	◆	◆	
Tomatoes, Cherry					◆	◆	◆					
Tomatoes, Heirloom					◆	◆	◆					
Tomatoes, Red					◆	◆	◆	◆				
Turmeric (Fresh)								◆	◆			
Turnips	◆	◆		◆	◆						◆	◆

VEGETABLES



# Local Produce Seasonality Chart

Availability subject to change.

Call or Text: 413.347.9401 • orders@martyslocal.com

## HERBS

	Spring			Summer			Fall			Winter		
	March	April	May	June	July	August	September	October	November	December	January	February
Basil			◆	◆	◆	◆	◆					
Chives		◆	◆	◆	◆	◆	◆					
Cilantro				◆			◆	◆				
Dill				◆	◆	◆						
Garlic Scapes				◆	◆							
Lemongrass									◆			
Mint		◆	◆	◆	◆	◆	◆					
Parsley				◆	◆	◆	◆	◆				
Rosemary					◆	◆	◆					
Sage				◆			◆	◆				

**Spring & Summer:** Organic Flower Bouquets, Bedding Plants: Vegetable Starts, Herb Starts, Flower Starts  
**Fall:** Decorative Gourds, Corn, Cornstalks, Hardy Mums, Mini Straw Bales, Mini Little Jack & Baby Boo Pumpkins

## FRUIT

	Spring			Summer			Fall			Winter		
	March	April	May	June	July	August	September	October	November	December	January	February
Apples	◆	◆			◆	◆	◆	◆	◆	◆	◆	◆
Blackberries					◆	◆						
Blueberries				◆	◆	◆	◆					
Cantaloupe						◆	◆					
Cherries				◆	◆							
Currants					◆	◆						
Gooseberries					◆	◆						
Medlars								◆	◆			
Paw Paw								◆	◆			
Peaches & Nectarines					◆	◆	◆					
Plums					◆	◆	◆	◆				
Quince								◆	◆			
Raspberries					◆	◆	◆	◆				
Strawberries				◆								
Watermelon						◆	◆					