Berle Farm Hoosick, NY Organic cow milk and European style yogurt. **Cabot Creamery** New England & New York

Butter, cottage cheese, cream cheese, sour cream, whipped cream.

Hawthorne Valley Farm Ghent, NY

Organic buttermilk and vogurt.

Lee. MA High Lawn Farm

Fluid milk, butter, ice cream, ice cream mix.

Our Family Farms Leyden, MA

Fluid milk products & flavored milk.

North Bennington, VT Ploughgate Butter Ancramdale, NY Ronnybrook Farm

Milk, butter, vogurt, sour cream, lassi,

Sidehill Farm Hawley, MA Organic yogurt and sour cream.

Hoosick, NY Berle Farm Organic fresh and aged cow's milk cheese.

New England & New York **Cabot Creamery** Full line of bars, prints, loaves, shredded, & more.

Cricket Creek Farm Williamstown, MA Raw cow's milk aged cheese.

Grace Hill Farm Worthington, MA Grass-fed Normande & Ayrshire cow's milk cheese.

Hawthorne Valley Farm Ghent NY Organic fresh cheese and raw milk hard cheese.

Lee, MA High Lawn Farm Cheeses made with pasteurized Jersey cow's milk.

North Bennington, VT Maplebrook Farm Handmade mozzarella, ricotta, and feta cheese.

Providence, RI Narragansett Creamery

Round Table Farm Hardwick, MA Small-batch aged cow's milk cheese.

Chilmark MA The Grey Barn & Farm Award-winning organic cow's milk cheese.

Thomas Farm & Dairy Sunderland, MA Award-winning chevre goat cheese.

Fauxmaggio Holvoke, MA Plant-based cheeses made with cultured nuts. **Elmhurst Plant-Based Milks** Elma, NY Camden. ME Heiwa Organic Bulk Tofu

Nasoya Organic Retail Tofu Ayer, MA

Beverages

Coffee & Tea

Dean's Beans Organic Coffee Co. Orange, MA Organic Coffee Beans & Nice Nltro Cold Brew

West Stockbridge, MA No. Six Depot

Belchertown, MA Quivr Nitro Coffee & Tea Nitrogen infused cold brew coffee & teas.

Sparkling & Tonics

Dosa Kitchen Kaanii Brattleboro, VT Traditional Indian digestive tonic made from beets & carrots

Brattleboro, VT **Dutton Berry Farm** Sparkling apple cider that's crisp and lightly sweet.

Bethlehem, PA **Goldthread Tonics**

Plant based tonics with super herbs, spices, adaptogens.

Green Bee Craft Beverages Brunswick ME Handcrafted honey sodas and sparkling waters.

Katalyst Kombucha Greenfield, MA Naturally fermented traditional beverage made from a mother culture and sweetened tea.

Spindrift Newton, MA Sparkling water with fresh juice.

TÖST & TÖST ROSÉ Dorset, VT All-natural, dry, sparkling, sophisticated refresher. White tea, white cranberry, ginger, elderberry.

Marshfield, VT trētap Organic Sparkling Tree Water sweetened with maple syrup and natural flavors.











CONTACT US!

(413) 347-9401

orders@martyslocal.com

10 Greenfield Road South Deerfield, MA 01373

Flour & Grain

Farmer Ground Flour

Trumansburg, NY

Organic grains milled to order.

BFRRIFS

Hard Red Wheat Berries

WHOLE GRAIN **Rve Berries**

Whole Wheat Bread Flour Einkorn Berries Whole Wheat All Purpose Flour Spelt Berries

Soft Wheat Berries

Whole Wheat Pastry Flour Finkorn Flour

Polenta

SIFTED Rye Flour

High Extraction Bread Flour Spelt Flour All-Purpose Flour Cornmeal

White Pastry Flour

Meat & Eggs

Hager Brothers Farm Shelburne Falls, MA Seventh generation family farm raising grass-fed beef, farm raised pork and chicken.

JACÜTERIE Ancramdale, NY

Artisanal charcuterie specializing in globally inspired cured salami, fresh sausage, and bacon.

Jefferson, MA Lilac Hedge Farm Pastured, broad breasted, white variety turkeys.

Vermont Family Farms North Springfield, VT Pasture-raised, Vermont beef & pork.

Barre, VT Vermont Salumi

Whole muscle meats and fresh sausage.

Cream of the Crop Farm Russell, MA Non-GMO or Organic free-range chicken eggs.

Plant-Based

MvBacon Green Island NY Meatless bacon made with mycelium (mushroom!)



Fresh Produce

Vegetables

Atlas Farm Deerfield, MA **Bardwell Farm** Hatfield, MA Joe Czajkowski Farm* Hadley, MA Farm at Miller's Crossing* Hudson, NY Jekanowski Farm Hadley, MA Kitchen Garden Farm Sunderland, MA Little Leaf Farm Devens, MA Hillsdale, NY Markristo Farm David Mokrzecki Farm Hadley, MA **MX Morningstar Farm*** Hudson, NY Mycoterra Farm Deerfield, MA **Next Barn Over Farm*** Hadley, MA **Old Friends Farm** Amherst, MA Plainville Farm Hadley, MA Queen's Greens Amherst, MA Twin Oaks Farm Hadley, MA Warner Farm* Sunderland, MA Whistling Meadow Farm So. Deerfield, MA **Winter Moon Roots** Hadley, MA

arugula, asparagus, beans, beets, broccoli, cabbage, carrots, cauliflower, sweet corn, collard greens, cucumbers, eggplant, escarole, fennel, fiddleheads, garlic, fresh ginger, braising greens, salad greens, herbs, kale, kohlrabi, leeks, micro greens, mushrooms, onions, peppers, potatoes, sweet potatoes, pumpkins, radicchio, radishes, ramps, root vegetables, spinach, squash, cherry tomatoes, heirloom tomatoes, paste tomatoes, red tomatoes, turnips, zucchini. Floral: bedding plants, cut flowers, corn stalks, gourds, mums

*These farms also grow fruit.



Berniche Family Farm Chesterfield, MA

Dutton Berry Farm Brattleboro, VT

Fix Bros. Farm Germantown, NY

Klein's Kill Fruit Farm Germantown, NY

Nourse Farm Whately, MA
Pine Hill Orchards Colrain, MA
Sobieski's River Valley Farm Whately, MA
Scott Farm Orchard Dummerston, VT

apples, blackberries, black raspberries, blueberries, cantaloupe, cherries, currants, gooseberries, medlar, nectarines, pawpaws, peaches, plums, quince, raspberries, strawberries, watermelon



Specialty & Pantry

Baked Goods

Auntie Elsie's Oatmeal Crisps Belchertown, MA
Hawthorne Valley Farm Ghent, NY
Choomi's Natural GF Cookies
Brewer's Chocolate Chip & Sea Salt Cookies
Somerville, MA
Ugly's Gluten-Free Pizza Crusts
Belchertown, MA
Ghent, NY
Portland, ME
Portland, ME
Pittsfield, MA

Ogly's Gluteri-Free Fizza Crusts

Cereal & Granola

BOLA granola

Hawthorne Valley Farm

Sweet Babu's Granola

Arlington, VT

Great Barrington, MA

Ghent, NY

Chicopee, MA

Condiments

Appalachian Naturals Goshen, MA
Chubby's Sauces Bernardston, MA
Dosa Kitchen Mysore Chutney Brattleboro, VT
Kitchen Garden Farm Sunderland, MA
The Spicy Shark Portsmouth, NH

Crackers & Snacks

AMG Snacks Energy Bites Pembroke, MA **Battenkill Brittle & Crumble** Arlington, VT **Boho Chocolate** Florence, MA Brewer's Crackers & Pita Chips Somerville, MA **Fox Family Potato Chips** Cumberland, ME **Garuka Bars Energy Bars** Burlington, VT Mi Niña Tortilla Chips Brockton, MA **Onesto Gluten-Free Crackers** Bristol, VT Popzup Popcorn Dover, NH **Small Batch Organics** Manchester Center, VT **Vermont Nut Free Chocolates** Colchester, VT **Wrap City Potato Chips** Londonderry, NH

Fermented

FinAllie Ferments
Hawthorne Foods
Hosta Hill
Real Pickles
South River Miso

Barre, VT
Hudson, NY
Fittsfield, MA
Greenfield, MA
Conway, MA

Frozen

Baba Louie's Pizza Pittsfield, MA Berkshire Mountain Bakery Pizza Housatonic, MA **Crooked Stick Pops** Easthampton, MA Dosa Kitchen Dosa Batter Brattleboro, VT **Dumpling Daughter** Weston, MA Jaju Pierogi Lvnn, MA Boston, MA Just Us Foods Fantastic Falafel **Kind Roots Veggie Burgers** Boston, MA

Vermont Spatzle Company

Lydonville, VT

Arlington, VT

Trenchers Farmhouse Fresh Pasta

Staples

American Vinegar Works

Baer's Best Beans

South Berwick, ME

Bear Butter Fortified Almond Butter

Farmer Foodie Cashew Parm

Full Moon Ghee

Just Us Foods Hummus

Mi Tierra Tortillas

Sfoglini Pasta

Worcester, MA

Pittsfield, MA

Waltham, MA

Greenfield, MA

Springfield, MA

Coxsackie, NY

Sweeteners

loka Valley Farm Maple Hancock, MA
Old Friends Farm Amherst, MA
Ginger syrup, ginger honey, turmeric honey,
elderberry turmeric honey.

Warm Color Apiary Honey So. Deerfield, MA Sweet Justice by Dean's Beans Orange, MA Organic sugar, chocolate discs, cocoa.